

YOU'VE BEEN ELFED BY: Melissa Jeremiah, RN, CHCE Director of Operations Hoosier Uplands Home Health and Hospice

In 2017 I pulled up to my house to see a stocking with candy canes sticking out the top placed against my front door.

The holidays are hard for me and it totally made my day.

To this day I still do not know if it was a random act of kindness or from someone I know.

I picked the stocking up and took it inside. It contained candy and fruit. There was also a card that read, "You Have Been ELFED! Take My Goodies – Refill & Pass On! Merry Christmas!!"

This was such an awesome idea. My Granddaughter, Madi, came over that weekend and we decided to anonymously take it to the house of one of her neighbors. It was so fun for the both of us; as she ran up her neighbors doorsteps and placed the refilled stocking at their door. The front light came on as she was jumping into my car and we quickly drove off; before being seen.

This was a simple way to make the day of someone else. Let's all get our Elf on this Christmas season.